# International Journal of Clinical Pharmacology & Pharmacotherapy

Short Communication

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## Intelligent Design of Brain-penetrant Compounds Based on Transporter-Conscious Drug Design

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## Abstract

In drug discovery and development, central nervous system (CNS) drugs should be delivered into brain. Nonetheless, drug permeability into brain may be blocked by the blood-brain barrier (BBB) due to the imperviousness of the tight junction between endothelial cells in CNS and excretion by MDR1 (P-gp) expressing in the apical (luminal) membrane of endothelial cells. However, SLC transporter-mediated transport at the BBB can solve this permeable problem. It is well-known that compounds possessing *N*-containing groups are transported into brain across the BBB. This transportation was suggested to be associated with amine transporters. Thus, transporter-consciously designed drugs which possess *N*-containing groups as transporter recognition unit can be effectively delivered into brain across the BBB. In this paper, possibility of CNS drugs based on transporter-conscious drug design is described.

#### **Publication History:**

Received: July 22, 2016 Accepted: September 21, 2016 Published: September 23, 2016

#### Keywords:

Transporter-conscious drug design, Drug design, Brain-penetrant compound, Drug delivery, BBB, ADMET

## Introduction

In drug discovery and development, permeability of drugs across the cell membrane is generally a serious problem to overcome. Particularly, CNS drugs must penetrate the BBB into brain. So far, several methods such as cell-penetrating peptide(CPP) transport systems using CPP-cargo conjugates or receptor-mediated transport (RMT) systems using the molecular Trojan horse (MTH) have been reported [1,2]. However, transporters [3] can solve these problems. Transporter proteins, which are tissue-specifically expressed, absorb or excrete materials such as nutrients and metabolites across the cell membrane and recognize the structures of their substrates through the transportation. The BBB is essentially attributed to the imperviousness of the tight junction between endothelial cells in CNS and excretion by MDR1 (P-gp) expressing in the apical (luminal) membrane of endothelial cells. MDR1at the BBB excludes compounds just passing through the cell membrane by passive diffusion [4]. Thus, the tactic utilizing co-expressed SLC transporters in the apical (luminal) membrane of endothelial cells is one of alternative methods to deliver compounds such as drugs and imaging agents into brain across the BBB (Figure 1). Therefore, transporter-conscious drug design is very important [5]. In this short review, I will introduce the effective method of brain-penetrant drug design based on transporterconscious drug design.

#### Discussion

#### Characterization of transporters

Transporters are tissue-specifically expressed membrane proteins which absorb or excrete materials such as nutrients and metabolites by recognizing their structures to maintain physiological homeostasis totally *in vivo* and are divided into two families: ABC transporter super family and SLC transporter super family. SLC transporters [6] are secondary active influx proteins which absorb nutrients or endogenous compounds using the gradient energy of the transported materials. On the other hand, ABC transporters are primary active efflux proteins excreting many types of compounds as xenobiotics from cells using the chemical energy from ATP hydrolysis. MDR1 belongs to ABC transporter and are expressed in apical (luminal) membrane of capillary endothelial cells, small intestinal epithelial cells, and for some situations in cancer cells. Some types of drugs are excreted by MDR1 from the cells. Thus, drug delivery across the cell membrane using co-expressed SLC transporters near MDR1s is an excellent method to solve the membrane permeability problem. Transporter proteins recognize structurally their own substrates. Therefore, transporter-conscious drug design is a promising approach in drug discovery and development.

#### Transporter-consciously designed drugs across the BBB

It is well-known that compounds possessing N-containing groups penetrate the cell membrane across the BBB [5]. This fact suggests that these N-containing compounds are transported by amine transporters. In fact, memantine, used for Alzheimer's disease, is concentrationdependently transported by some types of transporters, not by passive diffusion because amines form ammonium ions under physiological pH condition [7]. The candidate of amine transporters is suggested to be the proton-coupled organic cation (H<sup>+</sup>/OC) antiporter. However, the characterization of this H<sup>+</sup>/OC antiporter such as amino acid sequence and topology is unclear. Substrates of mouse H+/OC antiporter in apical membrane of capillary endothelial cells at the BBB by in in situ mouse brain perfusion assay are clonidine, quinidine, p-chloroamphetamine, cocaine, codeine, diacetylmorphine, diphenhydramine, MDMA, methadone, morphine, nalbuphine, nicotine, oxycodone, and tramadol [8]. Substrates of human H<sup>+</sup>/OC antiporter in apical membrane of capillary endothelial cells sat the BBB in in vitro assay using human CMEC/D3 cells are pyrilamine, oxycodone, quinidine, amantadine, and diphenhydramine [9]. Thus, compounds possessing N-containing groups as transporter recognition unit can be substrates of this H<sup>+</sup>/OC antiporter, which was not competitively inhibited by TEA (OCT1-3, OCTN1, and OCTN2 substrate) or serotonin (PMAT substrate). LAT1, GluT1, SVCT2, and CNT2 in addition to this H<sup>+</sup>/OC antiporter are expressed in apical (luminal) membrane of capillary endothelial cells at the BBB.

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**Citation:** Tashima T (2016) Intelligent Design of Brain-penetrant Compounds Based on Transporter-Conscious Drug Design. Int J Clin Pharmacol Pharmacother 1: 118. doi: http://dx.doi.org/10.15344/2016/ijccp/118

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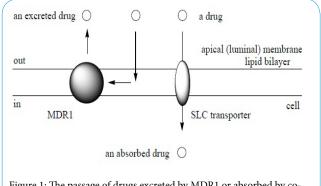


Figure 1: The passage of drugs excreted by MDR1 or absorbed by coexpressed SLC transporter.

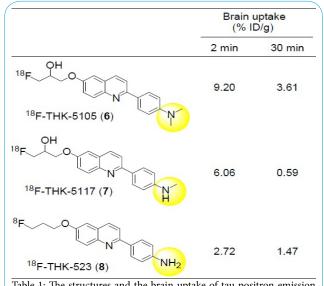
However, drug designs conducted based on such SLC transporters often utilize prodrug system in which parent drugs are conjugated with transporter recognition unit by a linker using the ester bond. The orally administered prodrug connected by the ester bond may be hydrolyzed in liver or blood serum before reaching the brain. Eventually, compounds possessing *N*-containing groups within a molecule based on transporter-conscious drug design might be superior to such prodrugs. This is one of the simplest methods because compactly designed compounds possessing *N*-containing groups do not have accessory units such as transporter recognition units tethered to the parent drugs through the linker by cleavable bonds.

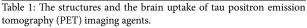
#### Recently reported cases of brain-penetrant compounds

Some brain-penetrant compounds possessing N-containing groups have been reported. Recently reported brain-penetrant compounds are shown in Figure 2 and Table 1. Lu AF33241 (1) is a dual inhibitor of phosphodiesterase (PDE) 2A and PDE10A [10]. Compound (2) is a kappa opioid receptor (KOR) agonist [11]. Compound (3) is a 5-HT4 partial agonist [12]. Compound (4) is a kinesin spindle protein (KSP) inhibitor [13]. Compound (5) is a dual inhibitor of leucine zipper kinase (DLK, MAP3K12) [14]. Moreover, <sup>18</sup>F-THK-5105 (6),  $^{18}\mbox{F-THK-5117}$  (7), and  $^{18}\mbox{F-THK-523}$  (8) are tau positron emission tomography (PET) imaging agents for Alzheimer's disease [15]. These brain-penetrant compounds share common structural features possessing N-containing groups. These results suggested that N-containing groups functioned as transporter recognition unit towards transporters expressing at the BBB. Interestingly, it was likely that compounds with the dimethylamino group were transported greater than those with the methylamino group or the amino group. These findings will develop the method of transporter-conscious drug design.

## Brain-penetrant compounds possessing $N\mbox{-}{\rm containing}$ groups as a prodrug

The prodrugs possessing *N*-containing groups as transient transporter recognition unit tethered to the parent drug by cleavable bonds can be delivered into brain by some types of amine transporters. Chlorambucil (CHL) was not transported into brain across the BBB. However, the prodrug of CHL, chlorambucil-scopine (CHLS) (Figure 3), was transported into brain across the BBB in energy-dependent manner both in *in vitro* assay using bEnd.3 cells which were murine brain endothelial cells and in *in situ* rat brain perfusion assay. Not CHL but CHLS possessed the tertiary alkyl amino group. Thus, this transportation of CHLS was suggested to be based on amine transporters and actually was not inhibited by TEA (OCT1-3, OCTN1,





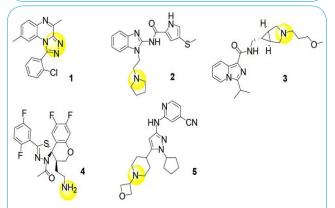
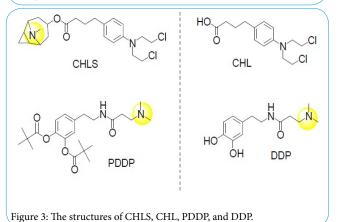


Figure 2: The structures of recently reported brain-penetrant compounds.



and OCTN2 substrate) and reserpine (vesicular monoamine transporter inhibitor). These results implied that CHLS was transported by the unidentified H<sup>+</sup>/OC antiporter [16]. Moreover, N-3,4-bis(pivaloyloxy)domapine-3-(dimethylamino)propanamide (PDDP), the conjugate of 3,4-bis(pivaloyloxy)dopamine and N,N-dimethylamino group through the linker chain, was transported into brain across the BBB in *in vivo* assay based on intravenous injection

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in rats, which exhibited about 6.90-fold greater absorption into brain compared to 3,4-bis(pivaloyloxy)dopamine (BPD). The transportation of PDDP (Figure 3) was inhibited by pyrilamine, propranolol, and imipramine and was not inhibited by choline (substrate of choline transport system), L-carnitine (OCTN2 substrate), and TEA (OCT1-3, OCTN1, and OCTN2 substrate) in *in vitro* assay using bEnd. 3 cells. These results implied that PDDP was transported by the unidentified H<sup>+</sup>/OC antiporter. Intriguingly, *N*-(dopamine)-3-(dimethylamino) propanamide (DDP), which was the corresponding unprotected PDDP, was not the substrate of the unidentified H<sup>+</sup>/OC antiporter [17]. Thus, it was suggested that the hydrophobicity of substrates was very important to the transportation based on of the unidentified H<sup>+</sup>/OC antiporter, in addition to the existence of *N*-containing groups as transporter recognition unit.

#### Conclusions

Many drugs have been dropped out in preclinical tests and clinical trials due to poor performance of absorption, distribution, excretion, and toxicity (ADMET). Particularly, the cell permeability is a serious problem in drug discovery and development. Moreover, as for CNS drug, the permeation into brain across the BBB is a crucial aspect. However, the carrier-mediated transport system using SLC transporters can solve these permeable problems. At the BBB, in small intestine, and in cancer cells, MDR1 is expressed in the apical (luminal) membrane and excludes drugs passing through the cell membrane based on passive diffusion, from the membrane to the outside of cells. Thus, if only such drugs are transported by coexpressed SLC transporters, these drugs can be delivered into brain across the BBB (Figure 1). Therefore, transporter-conscious drug design is very important in ADMET. Furthermore, it is well-known that compounds possessing N-containing groups are delivered into brain across the BBB. Aliphatic amines were generally ammonium ions under physiological pH condition and thus were not able to penetrate the cell membrane by passive diffusion. Accordingly, it was suggested that compounds possessing N-containing groups were interacted with transporters. In fact, the proton-coupled organic cation (H<sup>+</sup>/OC) antiporter, whose characterization such as amino acid sequence and topology remains unclear, is considered as a key transporter at the BBB among transporters which transported compounds possessing N-containing groups. In drug design, N-containing groups as the structural common features of arbitrary amino transporter substrates should be incorporated into novel designed compounds as transporter recognition unit. The permeability of such designed compounds should be evaluated in in vitro assay using appropriate cells. Subsequently, the evaluated compounds should be structurally redesigned based on the permeation results and be reevaluated. Currently, I think that synthetic chemists or medicinal chemists may penetrate transporter-consciously designed drugs into brain across the wall between blood and brain like the lead character in the novel or musical of "Le Passe-muraille" and exhibit their prowess at the stages of clinical trials.

## Abbreviations

CNS: Central Nervous System; BBB: Blood Brain Barrier; MDR1: Multidrug Resistance 1; SLC transporter: Solute Carrier Transporter; ABC-transporter: ATP Binding Cassette Transporter; OC: Organic Cation

## **Competing Interests**

The author declare that they have no competing interests.

### Acknowledgments

This short review is just my opinion based on or inferred from available published articles and public knowledge. Thus, the intellectual property rights are not infringed upon.

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